

# THE TOP 100\* HEALTH CLUBS OF 2021

Rank	Company	2020 Corporate Revenue	Revenue Change in 2020 from 2019	Projected 2021 Revenue Change from 2020	Founded	# Sites in 2020	# States Operated In 2020	# Employees in 2020 (including on furlough)	# Member-ships in 2020 (active and frozen)	# Member-ships still frozen (Dec. 31, 2020)	Brand Growth Planned in 2021	Profile
1	<b>Life Time</b> Chanhassen, MN	948 million <sup>1</sup>	-50%	NA	1992	155	29 + Canada	NA	NA	NA	NA	A healthy way of life destination
2	<b>Fitness International, LLC (LA Fitness)</b> Irvine, CA	900 million <sup>2</sup>	NA	NA	1983	738	27	NA	NA	NA	NA	Multipurpose club chain
3	<b>24 Hour Fitness</b> San Ramon, CA	607 million <sup>3</sup>	NA	NA	1983	280+	11	NA	NA	NA	NA	Multipurpose club chain
4	<b>Equinox Holdings (Equinox Fitness, Soul Cycle, Pure Yoga, Blink Fitness)</b> New York	410 million <sup>4</sup>	NA	NA	1991	NA	NA	NA	NA	NA	NA	Owns and operates Equinox Fitness, Soul Cycle, Pure Yoga, Blink Fitness, Precision Run, Equinox Media
5	<b>Planet Fitness, Inc.</b> Hampton, NH	406.60 million	-41%	NA	1992	103 (O), 2,021 (F)	50 + DC	1,616	13.5 million members	NA	1000+ (F)	HVLP fitness franchisor
6	<b>EXOS</b> Phoenix	141.30 million	-33%	NA	1999	56 (O), 474 (F)	43	3,955	286,243	257,297	NA	Clubs for elite athletes, the military and Fortune 500 companies worldwide
7	<b>Orangetheory Fitness</b> Boca Raton, FL	120 million	-46%	31%	2010	18 (O), 1396 (F), 2 (L)	50	324	536,192	NA	80 (F)	Franchise company
8	<b>Bay Club</b> Pleasanton, CA	113.54 million	-63%	75%	1977	24 (O)	2	2,400	71,500	45,000	10-15 (A)	Active lifestyle company with a collection of resort-inspired properties.
9	<b>Xponential Fitness</b> Irvine, CA	106.59 million <sup>1</sup>	-17%	28%	2017	40 (O), 1672 (F)	48	600	NA	NA	215-235 (F)	Curator of boutique fitness brands: Club Pilates, Pure Barre, CycleBar, StretchLab, AKT, Row House, YogaSix, Stride and Rumble (acquired in 2021).
10	<b>Crunch Fitness</b> New York	86 million	-55%	60%	1989	29 (O), 336 (F), 3 (L)	32	2700	1.6 million	65,045	54 (F)	Fitness franchisor

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11	<b>F45 Training</b> Austin, TX	82.30 million <sup>1</sup>	-11%	NA	2013	1437 (F)	41	122	NA	NA	220-260 (F)	Franchisor of HIIT, circuit and functional training studios
12	<b>In-Shape Health Clubs</b> Stockton, CA	61.30 million <sup>5</sup>	-61%	NA	1981	NA	1	NA	NA	NA	NA	Health club company
13	<b>Rachas Inc. dba Chuze Fitness</b> San Diego	53 million	-30%	25%	2008	28 (O), 2 (F)	4	1200	265,000	26,000	2 (B), 1 (F)	HVLP 2.0 focused on hospitality
14	<b>Mountainside Fitness</b> Scottsdale, AZ	41.50 million	-10%	20%	1991	18 (O)	1	1,500	106,000	1,700	2 (B)	Fitness chain in Arizona
15	<b>Wellbridge</b> Greenwood Village, CO	38.68 million	-52%	0	1984	16 (O), 1 (M)	6	1143	19,242	4,379	0	Owns and operates 17 facilities
16	<b>Fitness Formula Clubs</b> Chicago	35.51 million	-46%	30%	1984	11 (O), 3 (M)	1	493	NA	2,274	0	Owner of urban lifestyle full-service fitness clubs with medical components
17	<b>The Houstonian Club</b> Houston	33.09 million	-19%	12%	1980	1 (O)	1	243	5431	302	NA	Private health club
18	<b>East Bank Club</b> Chicago	31 million	-52%	15%	1980	1 (O)	1	370	5900	910	0	Fitness, sports and dining facility
19	<b>DMB Sports Clubs Limited Partnership (Village Health Clubs)</b> Phoenix	24 million	-51%	22%	1990	4 (O)	1	560	8730	2500	0	Healthy lifestyle clubs
20	<b>Bailey's Gym Inc.</b> Jacksonville, FL	22.50 million	-3%	6%	1981	16 (O)	2	350	62,000	2000	1 (B)	Multipurpose HVLP clubs with full-service amenities

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<b>21</b>	California Athletic Clubs, Santa Barbara, CA	21 million	-22%	25%	2011	7 (O)	2	550	7200	300	1 (A)	Health clubs throughout the Western U.S.
<b>22</b>	VIDA Fitness, Washington, DC	20.25 million	-38%	NA	2006	6 (O)	2	244	10,861	3683	0	Multipurpose club chain with many amenities
<b>23</b>	Merritt Clubs, Baltimore, MD	19.14 million	-42%	23%	1977	9 (O), 8 (M)	1	814	16,742	1634	0	Multipurpose health clubs
<b>24</b>	American Family Fitness, Glen Allen, VA	19.02 million	-40%	9%	1990	9 (O)	1	734	69,123		0	Multi-unit premier full-service health club operator
<b>25 (tie)</b>	Healthworks Group, Cambridge, MA	19 million	-40%	-23%	1977	7 (O), 12 (M)	1	300	20,000	7000	1 (A), 4 (B)	Premium woman-only clubs, premium co-ed clubs, low-priced clubs, nonprofits and managed sites for corporate wellness
<b>25 (tie)</b>	Active Wellness LLC, San Francisco	19 million	-50%	-23%	2015	1 (O), 38 (M)	14	500	NA	NA	1 (B)	Aligns fitness and wellness programs with healthcare systems
<b>27</b>	National Fitness Centers, Knoxville, TN	18.42 million	-9%	3%	1987	8 (O)	1	497	34,323	1727	0	Full-service family focused fitness center
<b>28</b>	9Round Franchising, LLC, Simpsonville, SC	16.57 million	-29%	NA	2008	7 (O), 680 (F)	41	81	67,000		1 (A)	Kickboxing studio franchisor
<b>29</b>	Longfellow Health Clubs, Wayland, MA	16.24 million	-33%	33%	1972	7 (O)	3	285	11,000	2500	0	Multipurpose indoor/outdoor tennis and health clubs
<b>30</b>	Fitness SF, Corte Madera, CA	16 million	-75%	50%	1989	8 (O)	1	450	22,500	6000	0	Largest fitness provider in San Francisco.

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<b>31</b>	MVP Sports Clubs, Orlando, FL	15.90 million	-58%	86%	2006	9 (O)	2	850	41,288	13,335	0	Sports and health facility management and development company
<b>32</b>	Newtown Athletic Club, Newtown, PA	13.51 million	-45%	10%	1978	2 (O)	1	270	5225	1000	0	Multipurpose lifestyle club
<b>33</b>	The Atlantic Club Inc., Manasquan, NJ	13.33 million	-53%	43%	1977	2 (O)	1	386	3883	0	0	Operator of two locations, one for adults only and the other with pools, tennis centers, camps, spa and a private pre-school
<b>34</b>	Beacon Health & Fitness, Granger, IN	10.83 million	-12%	0	1982	3 (O)	1	200	13,104	4324	1 (A)	Full-service medical fitness facility
<b>35</b>	Little Rock Athletic Centers LLC, Little Rock, AR	10.42 million	-29%	4%	1985	3 (O), 1 (M)	1	254	5625	814	0	Health club with personal training, tennis, swimming and children's programming
<b>36</b>	Club Greenwood, Greenwood Village, CO	10.34 million	-25%	8%	1987	1 (O)	1	222	2,854	176	0	Luxury health club
<b>37</b>	Cooper Aerobics, Dallas	9.11 million	-27%	14%	1970	1 (O)	1	184	3,405	186	0	Part of the Cooper Aerobics health and wellness brand
<b>38</b>	Axiom Fitness, Boise, ID	8.62 million	-33%	15%	2001	4 (O)	1	250	21,862	1200	0	Four full-service health clubs
<b>39</b>	Weymouth Club Inc., Weymouth, MA	7.85 million	-33%	0	1988	1 (O)	1	160	2798	909	0	Full-service, family orientated multi-purpose health and wellness facility
<b>40</b>	Gainesville Health and Fitness, Gainesville, FL	7.80 million	-35%	23%	1978	3 (O)	1	275	22,800	100	0	Multipurpose health club

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41	Saw Mill Club, Mt. Kisco, NY	7.65 million	-55%	NA	1972	2 (O)	1	256	5,162	3,118	0	Large multi-sport clubs in metro NY area
42	Ochsner Fitness Center, Harahan, LA	7.58 million	-56%	69%	1942	3 (O)	1	408	7296	9	0	A service of Ochsner Health System, a non-profit healthcare provider
43	Cross Gates Family Fitness, Slidell, LA	7.13 million	-30%	27%	1981	3 (O)	1	290	7315	246	1 (A)	Athletic club for family fitness
44	Fit Factory, Quincy, MA	7.02 million	-35%	25%	2017	7 (O)	2	325	20,764	1,383	0	Health club
45	Rochester Athletic Club Inc., Rochester, MN	6.45 million	-43%	12%	1992	1 (O)	1	288	4708	2170	0	Multipurpose clubs with tennis, swimming, RB, basketball, squash, group ex, yoga, Pilates, studio cycling
46	River Valley Club, Lebanon, NH	5.58 million	-49%	0	1998	1 (O)	1	93	1526	348	0	Health and fitness center, spa and salon, Crossfit, personal training, group ex classes and swimming
47	Physiq Fitness, Salem, OR	5.40 million	-30%	15%	2007	4 (O)	1	85	16,000	500	0	All-inclusive, value-priced fitness membership in an intimidation-free environment
48	TriHealth Fitness & Health Pavilion, Cincinnati, OH	5.09 million	-21%	20%	1996	1 (O)	1	150	3715	1269	0	Medically integrated and certified multipurpose health and wellness center
49	Forma Gym, Walnut Creek, CA	5.03 million	-44%	30%	2010	2 (O)	1	88	5,760	977	2 (A)	Upscale, mid-tier, multipurpose facility with two locations in northern California
50	The Arena Club, Bel Air, MD	4.97 million	-30%	25%	2003	1 (O)	1	217	3031	661	0	Full-service fitness facility for families

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51	Universal Athletic Club, Lancaster, PA	4.90 million	-40%	25%	1994	1 (O)	1	130	3,500	1,000	0	Multipurpose fitness center
52	Integrated Wellness Partners LLC, Akron, OH	4.34 million	-30%	24%	2011	3 (O)	2	234	4,292	528	1 (B)	Offers development, finance, and health and wellness management solutions to health systems, universities and municipalities
53	Club Northwest, Grants Pass, OR	4.30 million	-27%	14%	1997	1 (O)	1	100	2800	960	0	Multipurpose facility, medical spa, kids activity center, aquatics center, tennis/racquetball courts
54	Ascension Genesys Health Club, Grand Blanc, MI	4.19 million	-47%	NA	2001	1 (O)	1	135	5300	1059	0	High-end multipurpose facility owned by a health system
55	HealthQuest of Central Jersey, Flemington, NJ	3.57 million	-59%	57%	2001	1 (O)	1	340	2779	1039	0	Athletic, fitness and wellness club on a 38-acre campus
56	Discover Strength, St. Louis Park, MN	3.46 million	-12%	59%	2006	7 (O)	1	39	989	0	3 (F)	Club offering 30-minute personalized strength training workouts
57	Beverly Racquet & Fitness Club, Beverly, MA	3.23 million	-55%	5%	2001	4 (O)	1	86	6008	1760	0	Two wellness club models: one corporate driven and the other family focused
58	Sparrow Michigan Athletic Club, East Lansing, MI	3.20 million	-75%	75%	1991	1 (O)	1	300	4575	2934	0	Upscale, multipurpose, hospital-based facility.
59	Auburn Racquet Club Inc., Auburn, CA	2.95 million	-25%	18%	1992	1 (O)	1	74	1700	200	0	Multi-sport, full-service health club
60	Memorial Athletic Club, Houston	2.83 million	-36%	16%	1979	1 (O)	1	142	3231	1179	0	Health and wellness center

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<b>61 (tie)</b>	Fuel Fitness, Missoula, MT	2.80 million	-10%	9%	2008	7 (O)	2	225	15,000	234	0	Community-driven gym with childcare, group fitness, weights and cardio
<b>62 (tie)</b>	The Sports Club of West Bloomfield, West Bloomfield, MI	2.80 million	-31%	25%	1991	1 (O)	1	169	3200	480	0	Multipurpose facility with a gymnastic training center
<b>63</b>	Prime Time Athletic Club Inc., Burlingame, CA	2.40 million	-66%	NA	1979	1 (O)	1	105	2,300	200	0	Full-service athletic facility on 6 acres between San Francisco and Silicon Valley
<b>64</b>	Energy Fitness, St. James, NY	2.16 million	-53%	23%	2003	4 (O)	1	75	3000	1500	1 (B)	Supportive, family fitness center
<b>65</b>	LifeWorks of Southwest General, Middleburg Heights, OH	2.05 million	-41%	10%	1999	1 (O)	1	80	3340	821	0	Health and fitness center owned by Southwest General Hospital
<b>66</b>	Hawthorn Farm Athletic Club, Hillsboro, OR	1.95 million	-46%	0	2015	1 (O)	1	68	1810	1075	0	Wellness community with a club, outdoor pool and amenities, and hybrid member features
<b>67</b>	Orchard Hills Athletic Club, Lancaster, MA	1.59 million	-42%	63%	1984	1 (O)	1	100	3300	537	0	Full-service multipurpose athletic club and wellness center with hospital-operated physical therapy on site
<b>68</b>	Mercedes Club, New York, NY	1.56 million	-61.5%	53%	2012	1 (O)	1	107	2800	400	0	Luxury health and fitness club
<b>69</b>	Razor Sharp Fitness LLC, Mount Pleasant, WI	1.43 million	-28%	25%	2003	2 (O)	1	38	5200	225	0	Full-service fitness club
<b>70</b>	Sasquatch Strength, Redmond, WA	1.40 million	35%	80%	2014	3 (O), 1 (F)	2	20-30	900	100	5 (B), 5 (F)	Unique fitness concept founded on the premise that everyone should have access to training

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<b>71</b>	Lifebridge Health and Fitness, Pikesville, MD	1.37 million	-70%	40%	1996	2 (O)	1	150	2503	1211	1 (A)	High-end, hospital-based wellness center
<b>72</b>	The Camp Transformation Center, Chino Hills, CA	1.35 million	-44%	NA	2009	3 (O), 98 (F)	14	8	NA	NA	14 (F)	Home of the free 6 Week Weight Loss Challenge
<b>73</b>	Saco Sport & Fitness, Saco, ME	1.10 million	-45%	27%	1993	1 (O)	1	65	2700	300	0	Multi-generational, outcomes-based health club
<b>74</b>	FitNation - Gurnee Park District, Gurnee, IL	1.08 million	-58%	108%	1968	2 (O)	1	29	2,089	2,052	0	Municipal governing agency providing parks, recreation facilities and programs for its residents
<b>75</b>	Fitness Premier 24/7 Clubs, Manhattan, IL	1 million	-70%	20%	2004	3 (O), 9 (F)	2	100	10,571	290	5 (A), 2 (B), 2 (F)	Health club

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